

## Treating Adolescents By Hans Steiner

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Treating School-Age Children  
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Handbook of Pediatric Psychology and Psychiatry: Psychological and psychiatric issues in the pediatric setting  
Treating Adolescents  
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Clinical Child Psychiatry  
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Adolescence and Delinquency

## Treating Dissociative Identity Disorder

In *Treating Schizophrenia*, expert contributors present the most current theoretical and scientific discoveries in the field and offer invaluable advice for the accurate assessment and effective treatment of the disorder's vast spectrum of symptoms and subtypes. Written for the practicing clinician, *Treating Schizophrenia* brings together an enormous body of sophisticated research on the causes and mechanisms of schizophrenia. Using illustrative case studies from their own practices, the contributors describe how to conduct a successful assessment of this often elusive disorder, then provide a detailed exploration of the major modes of treatment including inpatient treatment, individual therapy, family therapy, group therapy, and the crucial role of medication. The authors also address the timely issue of treating schizophrenia in the era of managed care. *Treating Schizophrenia* is a state-of-the-art guide for managing one of the most pervasive and insidious mental disorders; an invaluable resource for all clinicians who face the daily challenge of working with schizophrenic patients.

## Treating School-Age Children

Every 3rd issue is a quarterly cumulation.

## **Treating Women Molested in Childhood**

"Treating the Psychological Aspects of HIV" is the first book on therapeutic assessment and technique written for front-line clinicians who work with the millions of HIV patients, and their friends, families, and caregivers. Written by experts in the field, the comprehensive resource offers specific recommendations for working with various HIV client populations and addresses the important issues surrounding specific ethical and legal problems such as testing and disclosure vs. confidentiality.

## **OPD-CA-2 Operationalized Psychodynamic Diagnosis in Childhood and Adolescence**

### **Handbook of Child and Adolescent Psychiatry**

Treating Difficult Personality Disorders offers practical guidance for clinicians working with clients whose personality disorders can have lifelong negative effects on identity, work, and relationships. In this essential resource, experts in the field provide the most current information for the successful assessment and clinical treatment of this challenging client population. Written in jargon-free language, this book presents flexible treatment options for clients suffering from of borderline, narcissistic, and antisocial personality disorders. This comprehensive volume provides professionals with: \*\* Appropriate therapeutic responses for dealing with self destructive behaviors\*\* Suggestions on how to contain, understand, and harnesses the feelings aroused when working with difficult personalities that can actually advance the therapeutic work. \*\* Practical management guidelines for working with clients who have been sexually abused\*\* Advice for maintaining a flexible approach by incorporating a variety of therapeutic modalities. \*\* An especially effective technique for working with Narcissistic Personality-Disorder\*\* The most current research on such topics as medication and suicidality among difficult personalities. Treating Difficult Personalities offers guidelines for developing efficient, effective clinical techniques with accountable outcomes. Skills that are so necessary for thriving in a managed care environment.

### **Youth Law News**

OPD-CA-2, the multiaxial diagnostic system for psychodynamically oriented psychiatrists and therapists, now for children and adolescents  
Hardcover Dimensions: 6 x 9 inches 15.3 x 22.9 cm Prices: US \$69.00 CAN \$77.00 e 54.95 CHF 69.00 £ 44.00  
Child and Adolescent Psychiatry; Child and Adolescent Psychotherapy and Child Clinical Psychology; Psychiatry; Psychotherapy, Clinical Psychology, and Counseling; Classification of Disorders  
For psychiatrists, psychodynamic psychotherapists, clinical psychologists.  
E-book (PDF): ISBN 978-1-61676-489-0 E-book (EPUB): ISBN 978-1-61334-489-7 Prices: US \$54.99 CAN \$62.99 e

47.99CHF 60.00£ 43.99Following the success of the Operationalized Psychodynamic Diagnosis for Adults (OPD-2), this multi-axial diagnostic and classification system based on psychodynamic principles has now been adapted for children and adolescents by combining psychodynamic, developmental, and clinical psychiatric perspectives. The OPD-CA-2 is based on four axes that are aligned with the new dimensional approach in the DSM-5: I = interpersonal relations, II = conflict, III = structure, and IV = prerequisites for treatment. After an initial interview, the clinician (or researcher) can evaluate the patient's psychodynamics according to these axes to get a comprehensive psychodynamic view of the patient. Easy-to-use checklists and evaluation forms are provided. The set of tools and procedures the OPD-CA-2 manual provides have been widely used for assessing indications for therapy, treatment planning, and measuring change, as well as providing information for parental work.

## **Treating Alcoholism**

Dissociative Identity Disorder is a new and more accurate designation for what was formerly known as Multiple Personality Disorder. In this comprehensive and original book, some of the most eminent practitioners in the field offer the most current information on a variety of treatments for this fascinating and yet debilitating disorder.

## **Stanford**

Treating the Elderly presents proven clinical techniques and strategies for treating the most common emotional problems that face the elderly. Written by experts--and in some cases pioneers--in the field, the volume is filled with the most up-to-date information needed for developing the skills necessary to work with the special needs and sensibilities of this population.

## **Treating Preschool Children**

Treating Alcoholism is filled with up-to-date information and illustrative case examples that will provide clinicians with the skills necessary to address the myriad problems associated with alcoholism. Based on a developmental model of recovery - from drinking to transition to early and ongoing recovery - the book offers a wealth of knowledge and specific therapeutic techniques for working with alcoholics and the families of alcoholics in a clinical setting.

## **Treating Anxiety Disorders**

Using illustrative case studies and jargon-free language, Treating Depression offers step-by-step guidelines and specific

models for intervention in treating the numerous types and subtypes of depression. The authors explain how the clinician can take a proactive approach to managed care and outline step-by-step methods for assuring quality treatment.

## **Evidence-Based Treatments for Trauma Related Disorders in Children and Adolescents**

Addresses the special resources, collection development needs, policies, and user services of libraries in mental health settings.

## **The Oxford Handbook of Child and Adolescent Eating Disorders: Developmental Perspectives**

### **Girls on the Edge**

Treating six-through-twelve-year-olds can be especially difficult, because children often hide mental distress behind physical symptoms. Here experts offer guidance on state-of-the-art and the most effective interventions for working with school-age children displaying signs of phobias, traumas, depression, abuse, attention deficit and eating disorders.

### **Books in Print**

This clinical reference on child psychiatry presents the most common psychiatric disorders found in children and adolescents, followed by some of the less common disorders seen in practice. Explicit treatments for each disease or disorder make this an excellent reference text. Heavily illustrated for better comprehension, this book also includes a fundamentals section presenting basic concepts and techniques used in child psychiatry; and coverage of special problems in the child, including sleep disorders, loss of a parent, and other challenges in modern practice. Combines clinical focus with a broad biopsychosocial approach to create a comprehensive source for everyday practice. Arranges disorders according to epidemiology and presents them in order of incidence, from most common through least, to promote easy reading and referencing. Facilitates collaboration with other disciplines through chapters on Psychological Assessment, Educational Assessment, Developmental Disabilities, and Forensic/Legal Issues. Emphasizes the most commonly encountered problems, including attention deficit, disruptive behaviour, mood and anxiety disorders, substance abuse, and childhood trauma. Provides an abundance of detailed figures and tables to give the reader a fuller understanding of each concept.

### **Treating the Elderly**

Written by prominent researchers and consultants in the field of pediatric psychology and psychiatry, this first volume covers: developmental issues and disabilities, legal issues in a pediatric setting, sleep, anxiety, and eating disorders, substance abuse, and much more.

## **Treating Difficult Personality Disorders**

## **Handbook of Mental Health Interventions in Children and Adolescents**

The Textbook of Pediatric Psychosomatic Medicine provides a comprehensive, empirically based knowledge of assessment and treatment issues in children and adolescents with physical illness. Scholarly, authoritative, and evidence based, it is the first volume of its kind and will help to define the field going forward. Addressing a very wide range of medical subspecialties, this volume is a first step for researchers who want to obtain a review of the psychiatric issues in their respective specialties. In addition, the book offers many special features, including An exceptionally strong section on psychopharmacology in the medical setting, which is complemented by a comprehensive set of reference tables on psychopharmacological agents, including doses, side effects, and indications for use in the physically ill child. Definitive chapters on less commonly reviewed topics that are of particular relevance for clinicians who treat physically ill children, including pediatric palliative care, Munchausen syndrome by proxy, and pediatric feeding disorders. Coverage of key legal and forensic issues in pediatric psychosomatic medicine. Presentation of material in graphical and tabular formats for maximal usefulness, including templates of specific questions for assessing common psychiatric symptoms and flowcharts illustrating step-by-step approaches to pain and somatoform disorders. Relevance to a broad range of professionals, including psychiatrists, pediatricians, psychologists, nurses, medical students, and social workers who work with children in medical settings. May be adopted as a textbook for psychology undergraduate classes, social work internships, and both general and child psychiatry residency training programs. The editors are recognized both nationally and internationally as being among the foremost experts for their respective fields, and they have assembled the leading practitioners of pediatric psychosomatic medicine to create this volume. The only complete text on pediatric psychosomatic medicine, this volume is destined to prove seminal in the field and indispensable in the clinician's library.

## **Treating Personality Disorders in Children and Adolescents**

## **Reforming CYA**

This handbook presents the current evidence-based psychological treatments for trauma related disorders in childhood and adolescence and in addition provides clearly structured, up-to-date information on the basic principles of traumatic stress research and practice in that age group, covering epidemiology, developmental issues, pathogenetic models, diagnostics, and assessment. Each of the chapters on treatment, which form the core of the book, begins with a summary of the theoretical underpinnings of the approach, followed by a case presentation illustrating the treatment protocol session by session, an analysis of special challenges typically encountered in implementing this treatment, and an overview of the current evidence base for the treatment approach. A special section considers modern treatments in particular settings, such as schools, hospitals, and juvenile justice systems, and the concluding chapters provide an integrative discussion on how to treat traumatized children and adolescents and an outlook. The book will be invaluable for clinical child and adolescent psychologists, child and adolescent psychiatrists, psychotherapists, and other mental health professionals working with traumatized children and adolescents.

### **Handbook of Developmental Psychiatry**

### **The Complete Directory for Pediatric Disorders, 2002**

This volume contains information on assessing, diagnosing and treatment planning for the range of psychiatric and psychologic problems children and adolescents may experience during their development. It includes in-depth coverage of these issues and also includes "decision trees" for some topics, which are brief flowcharts for practitioners to follow when assessing patients for suspected problems.

### **Book Review Index**

### **Treating Depression**

### **Books in Print, 2004-2005**

Delivering health care services to adolescents can be challenging for primary care providers and for specialists. This volume of Adolescent Medicine Clinics devoted to psychiatric issues in adolescent medicine focuses on conditions and presentations that require a biopsychosocial approach because they represent the intersection of biology and behavior, with an emphasis

on practical, clinical issues and evidence-based approaches. Conditions traditionally considered "psychiatric" with somatic manifestations, as well as those classified as "medical" with psychiatric symptoms are discussed. In addition, both pharmacologic and non-pharmacologic modalities are detailed, as are treatment settings appropriate for treatment, and issues related to consent and confidentiality. Cutting-edge issues related to the Internet and adolescent health concerns are also addressed.

### **American Book Publishing Record**

This essential resource offers clinicians practical guidance for working with clients whose disorders have life-long negative effects on problems of identity, work, and relationships. In jargon-free language, experts in the field offer the most current information for the successful assessment and clinical treatment of this challenging client population.

### **Textbook of Pediatric Psychosomatic Medicine**

This [book] offers a framework to make sense of childhood personality disorders, distinguish them from more frequently diagnosed childhood conditions, and respond appropriately to neurobiological, psychodynamic, and developmental perspectives. [The author] presents an effective treatment model grounded in research and clinical experience The author first explores the nature and clinical presentation of childhood personality disorders The book then takes the clinician step-by-step through offering multimodal interventions that incorporate individual psychotherapy, family treatment, and pharmacotherapy Emphasizing the importance of the therapeutic alliance, the book gives particular attention to ways that therapists can understand and work with their own emotional reactions in highly charged clinical situations.-Dust jacket.

### **Disruptive Behavior**

Treating Adolescents presents the empirical evidence base and practice based rationale for approaches to a range of psychopathology viewed from a developmental theoretical perspective. By limiting the discussion to disorders that onset during adolescence, it can provide a targeted and comprehensive discussion of adolescent mental health care. The book encourages a dialectic between practice and research; both these streams are integrated in every chapter.

### **Treating Sexual Disorders**

This book considers the risk, diagnosis, treatment, and outcome of eating disorders in children and adolescents from a developmental perspective. Physical, emotional, and psychosocial factors contribute to which type of eating disorder

develops, what type of intervention is likely effective, and the prognosis for recovery. The book includes a discussion of genetic and cognitive neuro-scientific aspects of these disorders.

## **Trauma and Juvenile Delinquency**

Learn how and why trauma is relevant to juvenile delinquency—and what to do about it! This groundbreaking book addresses the connection between childhood trauma and juvenile delinquency. *Trauma and Juvenile Delinquency: Theory, Research, and Interventions* begins with two chapters presenting theoretical models of the relationship between trauma and the development/persistence of antisocial behavior. Another chapter addresses trauma-related assessment issues for juveniles, and several chapters present cutting-edge research on various aspects of the relationship between trauma and delinquency. Finally, several chapters focus on theory-based and empirically supported trauma-focused therapeutic interventions for juvenile delinquents. No other single source provides such breadth and depth of coverage on this topic! From the editor: “Disruptive behavior disorders are by far the largest type of mental health referral for children and adolescents, while juvenile crime and violence continue to be major social concerns. Several bodies of literature have converged to suggest that trauma is more than incidental to the problem of juvenile delinquency, it contributes to the problem.” *Trauma and Juvenile Delinquency: Theory, Research, and Interventions* explores: how trauma relates to conduct disorder the connection between traumatic victimization and oppositional/defiance problems ways to assess PTSD in adolescents how exposure to violence, delinquent activity, and posttraumatic stress symptomatology are related the unique trauma histories of incarcerated girls and the problems they have adjusting to life within the juvenile justice system how to develop group therapy services for incarcerated male juvenile offenders with PTSD This valuable book also examines the effectiveness of EMDR (Eye Movement Desensitization and Reprocessing) for boys with conduct problems, MASTR (Motivation - Adaptive Skills - Trauma Resolution) for teens with school-related problems, and CPT (Cognitive Processing Therapy) for juvenile delinquents with post-traumatic stress disorder.

## **Treating the Psychological Consequences of HIV**

### **Handbook of Child and Adolescent Psychiatry, Clinical Assessment and Intervention Planning**

Crafted to be accessible to novice clinicians, experienced therapists, as well as experts in sexual dysfunction, this book is filled with down-to-earth advice and case examples. The book provides clinicians with the necessary tools to understand the basics behind the formulation of effective treatment of sexual dysfunction. Numerous clinical examples are presented to show how the author arrived at a treatment strategy.

## **Adolescent Psychiatry**

### **Library Services in Mental Health Settings**

Girls are cutting themselves with razors. Girls are convinced they're fat, and starve themselves to prove it. Other girls are so anxious about grades they can't sleep at night—at eleven years of age. What's going on? In *Girls on the Edge*, Dr. Leonard Sax provides the answers. He shares stories of girls who look confident and strong on the outside, but are fragile within. He shows why a growing proportion of teen and tween girls are confused about their sexual identity, or are obsessed with grades or Facebook. Dr. Sax provides parents with tools to help girls become confident women, along with practical tips on helping your daughter choose a sport, nurturing her spirit through female centered activities, and more. Compelling and inspiring, *Girls on the Edge* points the way to a new future for today's young women.

### **Handbook of Pediatric Psychology and Psychiatry: Psychological and psychiatric issues in the pediatric setting**

Mental disorders in children and adolescents have gained prominence in recent years, and clinicians in the field are increasingly on the lookout for new methods in diagnosis and treatment. In the last 25 years, the Stanford Division of Child Psychiatry has become one of the premier clinical, research, and educational facilities in child and adolescent psychiatry, both nationally and internationally. Its faculty has distinguished itself in several key domains of psychopathology in both basic and clinical research. This handbook provides a detailed description of unique diagnostic and treatment approaches to mental disorders in the Stanford Division of Child and Adolescent Psychiatry. Most of the principal authors of this volume are members of or previously affiliated with the Stanford faculty. Readers will thus be privy to Stanford's highly distinct approach, characterized by principles of developmental approaches to psychopathology and an emphasis on integrated treatment packages. Moreover, clinicians will appreciate how the faculty's novel approach to diagnosis and treatment is strongly influenced by pediatric and developmental thinking. Empirical support and practice based rationale for the current diagnostic and treatment algorithms and methodologies in Stanford clinics will be presented in a highly lucid manner. Written with frontline mental health clinicians in mind, this handbook will prove an invaluable asset to those who wish to implement Stanford's approach to mental disorders in children and adolescents, or simply broaden their horizons on the cutting-edge methods in the field.

## **Treating Adolescents**

The Handbook of Mental Health Interventions in Children and Adolescents is an essential guide for mental healthcare professionals to the theory and practice of mental health treatment for children up to age nineteen. Written by a panel of the best-known names in the field, this systematic and comprehensive resource includes the most current information on developmental science as it pertains to treatment, psychopharmacology, psychotherapy, sociotherapy, and the integration of treatments.

### **Clinical Child Psychiatry**

Making a psychiatric diagnosis in children can be challenging: some clinicians say the incidence of some childhood disorders, such as bipolar disorder and ADHD, is over-diagnosed while others saying they are undiagnosed, undertreated, and are a large burden on society. The drug treatment of child psychiatric disorders can also be controversial in children and adolescents. This book fulfills the need for an objective, clinically relevant source to dispel this confusion. Clinical Child Psychiatry is a textbook of current clinical practice in child and adolescent psychiatry. It is designed as a reference for clinicians that is both easily usable and authoritative, a "chairside" reference for the consultation room. This book addresses a defined series of clinical entities that represent the bulk of current treatment modalities and disorders encountered in 21st century practice. It is authoritative in the areas addressed while at the same time being rapidly accessible in format. To facilitate access, it presents disorders in declining order of frequency. The authors believe that worthwhile clinical work must be informed by both evidence-based practice and by psychiatry's traditional attention to internal and interpersonal dynamics. They are committed to an approach that is broadly biopsychosocial while based on current clinical evidence for a pragmatic, clinical focus. The book is divided into four sections. The first, Fundamentals of Child and Adolescent Psychiatric Practice, addresses assessment, treatment modalities, and planning. Common Child and Adolescent Psychiatric Disorders and Developmental Disorders cover the diagnosis and treatment of the large majority of disease entities encountered in practice. The final section, Special Problems in Child and Adolescent Psychiatry, includes a variety of topics such as foster care and adoption, loss and grief, and forensics. The book also includes: New evidence relating to the areas of depression, psychosis, trauma. New insights from genetics, genomics, and proteomics cleverly integrated into chapters on the individual disease with focus on their clinical application. New chapter on consultation and collaboration within systems of care The book addresses a need for clinicians, many of whom are beginners, non-psychiatrists, or psychiatrists entering unfamiliar territory, to come up to speed rapidly in providing more than perfunctory service to needy populations. This challenge grows ever greater. The book has a companion website with questions to facilitate learning.

### **Adolescence**

to better train clinicians to meet the challenge of treating infants and toddlers, this practical and sensitive handbook gives the most up-to-date techniques for treating the broad range of psychological problems that may manifest in this age group--such as sleep disturbances, toilet training, attachment, feeding disorders, and abuse.

### **Clinical Child Psychiatry**

This essential resource book offers clinicians the necessary tools and skills to work effectively with their sexually abused clients. Illuminated by numerous case histories and clinical examples, the authors offer step-by-step guidance on assessment, crisis intervention, individual psychotherapy, the use of hypnosis in psychotherapy, couples work, group therapy, and special issues of transference and counter-transference. In addition, Catherine Classen, editor of *Treating Women Molested in Childhood*, presents a timely and well-balanced discussion on the controversial topic of recovered memories and the danger of implanting false memories.

### **Treating Schizophrenia**

This book applies modern object-relations theory to a population for which the 'treatment du jour' is increasingly cognitive-behavioral. Taking his lead from the delinquent adolescents in his practice, he presents a treatment approach in which adolescents are related to as people, rather than as transitory objects passing through a 'stage.' The book presents theory and case examples in a dialectical relationship, illuminating the seamlessness of theory and application.

### **Adolescence and Delinquency**

Disruptive behavior is extremely common in normal and clinical populations. This book addresses its development, the newly grouped diagnoses associated with it and their bio-psycho-social causes and treatment. The past decade has seen a great deal of progress in the psychiatric and psychological literature, which has greatly advanced our understanding of these disorders. The book discusses state of the art studies of taxonomy, epidemiology, etiology, and treatment. Each chapter concludes with a thorough discussion of the clinical implications of this new information, exemplified by real case material. A whole chapter is devoted to the forensic implications of this important grouping of disorders. The chapter begins with a discussion of the exemplary cases in the legal literature, providing the clinician and the expert with a concise briefing of the legal underpinnings of these disorders which in essence seek to bring the world of medicine to the world of crime. The final chapter provides a concise summary of all preceding chapter, summarizing what we have learned and showing the way into the future in terms of basic research, translational research and clinical practice. Sources and resources are provided for clinicians, researchers, teacher, primary care physicians, criminologists, forensic experts and interested lay

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