

## **Fame Fortune And Ambition Osho**

The Importance Of Living  
The Power of Love  
The Artist's Way  
The Hidden Splendor  
Bliss  
The Buddha Said  
Yoga, the Alpha and the Omega  
Compassion  
Fame, Fortune, and Ambition  
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Love And Meditation  
What is is what Ain't Ain't  
Fama, Fortuna y Ambicion  
Pharmacy For the Soul  
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From Sex To Superconsciousness  
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From Medication to Meditation  
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The Song of Ecstasy  
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### **The Importance Of Living**

One of the greatest spiritual teachers of the twentieth century encourages you to embrace your childlike curiosity and reconnect it to your adult sensibilities. *Innocence, Knowledge, and Wonder: What Happened to the Sense of Wonder I Felt as a Child?* looks to each person's last state of innocence—childhood—to recover the ability to truly be curious. Osho discusses why it is important to look to our “inner child” and how it can help you understand the person you have become. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the “1000 Makers of the 20th Century” and by *Sunday Mid-Day* (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

### **The Power of Love**

A provocative look at the pursuit of material success and influential power from one of the twentieth century's greatest spiritual teachers. “I want you to be rich in every possible way—material, psychological, spiritual. I want you to live the richest life that has ever been lived on the earth.”—Osho *Fame, Fortune, and Ambition: What is the Real Meaning of Success?* examines the symptoms and psychology of preoccupations with money and celebrity. Where does greed come from? Do values like competitiveness and ambition have a place in bringing innovation and positive change? Why do celebrities and the wealthy seem to have so much influence in the world? Is it true that money can't buy happiness? These questions are tackled with a perspective that is thought-provoking, surprising—and particularly relevant to our troubled

economic times. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

### **The Artist's Way**

Strong emotions that we don't know how to handle effectively lie at the core of so many difficulties in the life of the individual. They can affect our relationships with loved ones, and how we function in our work. They play a profound role in how we feel about ourselves, and can even affect our physical health. And we are too often trapped in the dilemma of "expression" versus "repression." Expressing our emotions can often hurt others, but by repressing them - even in the benevolent guise of "self-control" - we risk hurting ourselves. Osho offers a third alternative, which is to understand the roots of our emotions and to develop the knack of watching them and learning from them as they arise, rather than being "taken over" by them. Eventually we find that even the most challenging and difficult situations no longer have the power to provoke us and cause us pain. Osho's unique insight into the workings of the mind, the heart, and the essence or "being" of the individual goes far beyond the understandings of conventional psychology. Over more than three decades of work with people from all walks of life, he has developed simple techniques and insights to help modern-day men and women to rediscover their own inner silence and wisdom.

### **The Hidden Splendor**

Discovering Your Inner Beauty This book is a pilgrimage in search of that indefinable something that all of us, at some time or other in our lives, feel is missing - what Osho describes as our “hidden splendor.” “You go on missing something - something that you had known but you have forgotten - a faded memory, a lost remembrance. And the gap is not only a gap, it is a wound. It hurts, because you had brought something with your birth into the world and you have lost it somewhere. And it seems impossible to find it in this crowded universe. But unless it happens, your life has been in vain, a misery, a suffering, a futile longing, a meaningless desire, a thirst that you know cannot be quenched.” — Osho

### **Bliss**

### **The Buddha Said**

From one of the twentieth century's greatest spiritual teachers comes a volume of natural therapies in *Pharmacy for the Soul: A Comprehensive Collection of Meditations, Relaxation and Awareness Exercises, and Other Practices for Physical and Emotional Well-Being*. This book suggests holistic remedies for a variety of ailments. Each section begins with a description and diagnosis of an emotional or physical ailment and then lists a number of prescriptions. Remedies include stretching techniques, meditations, laughter and breathing exercises, vocalizations, visualizations, chants, and massage, which are Osho's suggestions for helping to cure everything from nail-biting to insomnia to depression. In addition to treatments, the book is laced with poetic, humorous, and illuminating commentary that explores how one can come to peace with oneself both physically and emotionally. For the experienced holistic reader seeking further inspiration, or for the newcomer in need of direction, this is the must-have medicine cabinet of aids to living a life that is healthy, relaxed, and full of spontaneous joy. Organized in a user-friendly format, *Pharmacy for the Soul* addresses such issues as: \* Relieving stress and physical tension \* Building self-confidence \* Enhancing emotional and physical vitality \* Mood Swings \* Sexuality \* Diet Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the "1000 Makers of the 20th Century" and by *Sunday Mid-Day* (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

### **Yoga, the Alpha and the Omega**

In *Yoga: The Science of the Soul*, one of the greatest spiritual teachers of the twentieth century presents the history and philosophy of this timeless health practice. Much of what is known as yoga today emphasizes physical postures and exercises to increase flexibility and help relaxation. But in fact, yoga has its roots in centuries of rigorous investigation and research in the East to develop an understanding of human consciousness and its potential. In *Yoga*, Osho explains the meaning of some of the most important Yoga Sutras of Patanjali, an early "scientist of the soul" who is credited with being the father of Raja Yoga, or the "royal path" of yoga that uses physical postures and breath primarily as a means to achieve higher states of consciousness. With a fresh translation of these ancient texts, and unique Osho insights into the modern mind and its psychology, Patanjali comes to life on the pages with an approach to using yoga for greater self-understanding that is absolutely relevant to our times. An invaluable resource for beginning or experienced yoga practitioners, and for anyone who seeks to better understand the intricate and powerful relationship that exists between body and mind. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the "1000 Makers of the 20th Century" and by *Sunday Mid-Day* (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers

of all ages invirtually every country of the world.

### **Compassion**

Talks on Adi Shankara's Bhaj Govindam "Shankara is a unique person. And it is very easy to misunderstand the unique person because he is beyond your common understanding. It seemed to people that he was a logician, a great logician. But can a great logician say, 'Sing! Dance! Sing the song of the divine'? It is just not possible for him to say so. Such words can be spoken only by a lover of the divine from the depths of his heart." —OSHO The eighth-century enlightened mystic, Adi Shankaracharya, traveled across India arguing, debating and defeating all the renowned scholars, theologians and religious leaders of the time, but at the same time he never forgot to sing his song of ecstasy and live his joy in life. Shankara is a man close to Osho's heart - a man who has an enlightened consciousness, a towering intellect, but who also came to understand, from his own experience, the opportunities for awareness and self-understanding that living each moment "in the marketplace" can give. As he comments on Shankara's Bhaj Govindam, his song of ecstasy, and responds to related questions, Osho introduces his vision of the New Man, the whole man - joyous, silent, ecstatic; repressing nothing, delighting in and watching everything.

### **Fame, Fortune, and Ambition**

Discourses by an Indian sectarian religious leader.

### **A Sudden Clash of Thunder**

One of the greatest spiritual teachers of the twentieth century shares his philosophy on self-discovery, free will, and the search for a place and purpose in life. "I myself am a question. I know not who I am. What to do? Where to go?"—Osho *Destiny, Freedom, and the Soul: What Is the Meaning of Life?* explores deeply human questions, such as: Is there really such a thing as "soul," and if so, what is it? Where does the concept of karma fit in? Does my life have a special meaning or purpose? Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

### **Love And Meditation**

Discourses by an Indian sectarian religious leader.

### **What is is what Ain't Ain't**

This quest has been going on for countless lives. Sometimes you call it the search for truth. But you have never known truth, so how can you lose it? And sometimes you search for God. But your meeting with Him has never taken place, so how can you be separated from Him? You go in search to the temples, to the mosques, to Kashi and to Mecca; you knock on every door you come across in the hope you will find what you have lost. But as long as you do not know exactly what it is you have lost your search cannot be fulfilled. Love is the ability to experience. Love is sensitivity. Love is the experience in which all your impurities are washed away and you throw open all your doors, all your gates. Then whosoever stands at your door is no longer an enemy or a friend but a beloved, and you open your door to him. When you begin to feel the whole world is yours, when you begin to see the beloved in whosoever comes to your door, when you no longer see strangers or enemies, when you begin to see only friends everywhere - when this phenomenon takes place in you, know that you have found love.

### **Fama, Fortuna y Ambicion**

Talks on the Stories of Chuang Tzu. OSHO revitalises the 300-year-old Taoist message of self-realization through the stories of the Chinese mystic, Chuang Tzu. He speaks about the state of egolessness, "the empty boat"; spontaneity, dreams and wholeness; living life choicelessly and meeting death with the same equanimity . Available in a beautiful new edition, this series overflows with the wisdom of one who has realized the state of egolessness himself.

### **Pharmacy For the Soul**

In Original Self, spiritual pioneer Thomas Moore guides readers back to their God-given personalities through fifty heart-lifting meditations. This inspiring collection offers fresh interpretations of living with originality rather than conformity, presenting multidimensional portraits of the creative self and different angles from which to top one's primal emotions and possibilities. Learn what it means to live from the burning essence of the heart, with the creativity that comes from allowing the soul to blossom in its own colors and shapes. With his usual grace and insight, Moore counters the prevailing assumptions of the day and offers strikingly unorthodox views on what is virtuous and healthy, opening up possibilities for a renewal of the way we live socially and in our private lives.

### **Fear**

In *Living on Your Own Terms: What Is Real Rebellion?*, one of the twentieth century's greatest spiritual teachers reveals how you can resist the rules and regulations that oppose your values while retaining your own individuality. "People can be happy only in one way, and that is if they are authentically themselves. Then the springs of happiness start flowing; they become more alive, they become a joy to see, a joy to be with; they are a song, they are a dance."—Osho Decades after the rebellions of the 1960s, new generations are again challenging and rebelling against outdated structures and values, focusing on political and economic systems and their failings. But this generation has the opportunity and responsibility to move the development of human freedom to the next level. Osho's philosophies will support these future generations in expanding their understanding of freedom and pushing toward new systems for humanity. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the "1000 Makers of the 20th Century" and by *Sunday Mid-Day* (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

### **The Journey of Being Human**

### **Zen : Take It Easy**

Discover your own deep well of wisdom in *Intuition: Knowing Beyond Logic*—from one of the greatest spiritual teachers of the twentieth century. Intuition deals with the difference between the intellectual, logical mind and the more encompassing realm of spirit. Logic is how the mind knows reality, intuition is how the spirit experiences reality. Osho's discussion of these matters is wonderfully lucid, occasionally funny, and thoroughly engrossing. All people have a natural capacity for intuition, but often social conditioning and formal education work against it. People are taught to ignore their instincts rather than to understand and use them as a foundation for individual growth and development—and in the process they undermine the very roots of the innate wisdom that is meant to flower into intuition. In this volume, Osho pinpoints exactly what intuition is and gives guidelines for how to identify its functioning in others and ourselves. You will learn to distinguish between genuine intuitive insight and the "wishful thinking" that can often lead to mistaken choices and unwanted consequences. Includes many specific exercises and meditations designed to nourish and support each individual's natural intuitive gifts. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the "1000 Makers of the 20th Century" and by *Sunday Mid-Day* (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching

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### **The Empty Boat**

One of the greatest spiritual teachers of the twentieth century will show you how to develop your sense of being in the now—and avoid the distractions of both your busy environment and your wandering mind. When the mind disappears and thoughts disappear, you become mindful. What is mindfulness? It is awareness. It is perfect awareness. In *Mindfulness in the Modern World: How Do I Make Meditation Part of Everyday Life?*, Osho helps us explore both the inner and the outer obstacles that prevent us from bringing more awareness to all our daily activities. He emphasizes that while techniques can be useful in pointing the way, in themselves they are not meditation. Rather, meditation—or mindfulness—is ultimately a state of being in which we are capable of both action and stillness, work and play, and able to be fully present to each moment of life as it comes. Osho's insights into the nature of the modern mind, with its tendency to judge and compare, provides a helpful entry point for longtime meditators as well as beginners. *Mindfulness in the Modern World* covers a wide range of topics, including five experiential techniques that will help you bring awareness to your everyday life. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the “1000 Makers of the 20th Century” and by *Sunday Mid-Day*(India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

### **Original Self**

One of the twentieth century's greatest spiritual teachers presents a unique and valuable resource for all students and practitioners of the Tarot. A must have for owners of the phenomenally popular Osho Zen Tarot, this in-depth study of the meanings of the cards in the Osho Zen Tarot deck will also appeal to those who use the Rider, Crowley, and other, more traditional cards. The “here and now” approach of Zen offers the insight that the future evolves out of present events, ideas, and attitudes. Playful and accessible even to the novice, this remarkable handbook includes a table of correspondences for the Rider-Waite and Crowley cards, and special sections on the meanings of the four major elements, or “suits” in the Tarot system. *Tarot in the Spirit of Zen* introduces readers to a deeper understanding of the Zen approach to becoming aware of and responding to life's challenges. Just like the Osho Zen Tarot deck, this book offers a fresh and contemporary approach to anyone who is interested in self-exploration and personal transformation. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the “1000 Makers of the 20th Century” and

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### **The True Name**

Why are we afraid of death? What is acceptance in the face of cancer? How do I decide whose advice to take? How to relax in the certainty of death? Ought we to tell someone when they are dying or not? Is the theory of reincarnation true? What is happening around the dying? How best to support a dying person? My young daughter is asking about death: what do I tell her? How can I celebrate death as you suggest? Osho responds to these questions and many others from those who find themselves inexplicably attracted to the subject, as well as from those who are facing imminent death and from their carers. He does not simply show how our fear of death is based on a misunderstanding of its nature; he also shows how dying is a tremendous opportunity for inner growth and how death is the most sacred of mysteries. Death is not an event but a process, and one that begins with birth. Each exhalation is a small death; each inhalation, a rebirth. When life is lived consciously and totally, death is not a catastrophe but a joyous climax.

### **Krishna, the Man and His Philosophy**

Everyone is searching for happiness, but they are looking in the wrong place—outside. Real happiness, bliss, can only be found by going inside. Commenting on the ancient wisdom of the Shiva Sutras, Osho shows how to avoid the outside traps of desire and attachment. If you can learn the knack of dis-identifying with the mind, you will find that bliss is hidden within all of everyday experience. Being human happens when you get out of the vicious circle called mind.

### **Mindfulness in the Modern World**

The Importance of Living is a wry, witty antidote to the dizzying pace of the modern world. Lin Yutang's prescription is the classic Chinese philosophy of life: Revere inaction as much as action, invoke humor to maintain a healthy attitude, and never forget that there will always be plenty of fools around who are willing—indeed, eager—to be busy, to make themselves useful, and to exercise power while you bask in the simple joy of existence. At a time when we're overwhelmed with wake-up calls, here is a refreshing, playful reminder to savor life's simple pleasures.

### **Discover the Buddha**

## **The Art of Living and Dying**

"Without The Artist's Way, there would have been no Eat, Pray, Love." —Elizabeth Gilbert The Artist's Way is the seminal book on the subject of creativity. An international bestseller, millions of readers have found it to be an invaluable guide to living the artist's life. Still as vital today—or perhaps even more so—than it was when it was first published twenty five years ago, it is a powerfully provocative and inspiring work. Julia Cameron reflects upon the impact of The Artist's Way and shares additional insights into the creative process that she has gained. Updated and expanded, this anniversary edition reframes The Artist's Way for today's creatives.

## **Intimacy**

This rich and refreshing book invites us to travel with the Buddha on a path of radical wisdom. In his inimitable style, Osho interprets the "Sutra of Forty-Two Chapters" - a scripture compiled by a Chinese emperor in the first century C.E. - using wonderful contemporary anecdotes to make profound points. As we laugh or shake our heads at the folly, the ineptitude or the goodness of the characters in the stories, Osho engages us at every level to let us experience the Buddha's teachings and take in their timeless truths. "No belief is required to travel with Buddha. You can come to him with all your skepticism - he accepts and welcomes you, and he says, 'Come with me.'" - Osho.

## **From Sex To Superconsciousness**

One of the greatest spiritual teachers of the twentieth century invites you on a journey through what makes human beings afraid—and how confronting fears strengthens us. In Fear: Understanding and Accepting the Insecurities of Life, Osho takes the reader step by step over the range of what makes human beings afraid—from the reflexive “fight or flight” response to physical danger to the rational and irrational fears of the mind and its psychology. Only by bringing the light of understanding into fear's dark corners, he says, airing out closets and opening windows, and looking under the bed to see if a monster is really living there, can we begin to venture outside the boundaries of our comfort zone and learn to live with, and even enjoy, the fundamental insecurity of being alive. Fear features a series of meditation experiments designed to help readers experience a new relationship with fear and to begin to see fears not as stumbling blocks, but as stepping stones to greater self-awareness and trust. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

## **A New Vision of Women's Liberation**

On an ancient treatise on the Hindu yoga system; lectures delivered in Bombay, December 1973-January 1974.

## **Here and Now**

## **Destiny, Freedom, and the Soul**

Waking up or awakening means that the dream is over - the dream of unconsciousness we all spend most of our lives in - often a life of tensions, anguish, feeling unfulfilled and running after illusions which are just substitutes of what we are really looking for. This little book is actually a big book, containing Osho's entire teaching from an early period of his public life and teachings. He takes us through three steps on the path to awakening, steps to help us to get out of our conditioning, our limitations and frustrations. "There are only three steps: freedom of consciousness, simplicity of mind, and emptiness of mind." For freedom of thought, for liberation of thought, and for the awakening of intelligence, the first thing, the first awareness that is needed is: "No thought is mine. No thought is mine." While we read this book, Osho takes us through this experience of letting go of identification, allows us to get a glimpse what a life of awakening can be.

## **From Medication to Meditation**

This is a work in which Osho meditates, among other things, about money and power, making it clear that they are not negative as long as this material wealth doesn't replace the spiritual life or place it aside; and it's not necessary to wish with intensity, as they will come precisely when we least expect it and after the personal effort required to achieve it.

## **Fame, Fortune, and Ambition**

In *Compassion: The Ultimate Flowering of Love*, one of the greatest spiritual teachers of the twentieth century explores how to empathize with others—and ourselves. Examining the nature of compassion from a radically different perspective, Osho reveals that “passion” lies at the root of the word, and then proceeds to challenge assumptions about what compassion really is. Many so-called acts of compassion, he says, are tainted by a subtle sense of self-importance and desire for recognition. Others are based in the desire not really to help others but to force them to change. Using stories from the lives of Jesus and Buddha and the world of Zen, Osho shows how the path to authentic compassion arises from within, beginning with a deep acceptance and love of oneself. Only then, says Osho, does compassion flower into a healing force,

rooted in the unconditional acceptance of the other as he or she is. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

### **The Song of Ecstasy**

### **Innocence, Knowledge, and Wonder**

One of the most important life events is falling in love, yet we never learn about it in school. Societies and religions force us into models and thought-forms that are often in opposition to an organic model of love, which is instead institutionalized by marriage, religious affiliations, and nationalism. This results in love that is, for most people, a painful challenge in one form or another throughout life. In these modern days, where the focus shifts more and more to realizing one's individual potential, Osho helps us to direct our search for love by widening our view - showing us that love has many manifestations and is not limited to the 'other'. One manifestation of love is meditation, a life-changing experience that allows the flowering of real love within oneself and toward others. The Osho Life Essentials series focuses on the most important questions in the life of the individual. Each volume contains timeless yet contemporary investigations and discussions into questions vital to our personal search for meaning and purpose. The Osho Life Essentials series focuses on questions specific to our inner life and quality of existence; for example, is it possible to have an authentic spirituality without a belief in God? What is meditation and how does it work? What can I do as an individual to make the world a better place?

### **The Great Secret**

“I want you to be rich in every possible way - material, psychological, spiritual. I want you to live the richest life that has ever been lived on the earth.”--Osho The Osho Life Essentials series focuses on the most important questions in the life of the individual. Each volume contains timeless and always-contemporary investigations and discussions into questions vital to our personal search for meaning and purpose, focusing on questions specific to our inner life and quality of existence. Fame, Fortune, and Ambition examines the symptoms and psychology of preoccupations with money and celebrity. Where does greed come from? Do values like competitiveness and ambition have a place in bringing innovation and positive change? Why do celebrities and the wealthy seem to have so much influence in the world? Is it true that money can't buy happiness? These questions are tackled with a perspective that is thought-provoking, surprising--and particularly relevant

to our troubled economic times. Fame, Fortune, and Ambition includes an original talk by Osho on DVD. This visual component enables the reader to experience the direct wisdom and humor of Osho straight from the source.

### **3 Steps to Awakening**

#### **Yoga**

Osho describes Gautama Buddha as the greatest breakthrough in the evolution of human consciousness because his discovery of meditation shifted the focus away from praying to a god toward meditation; toward becoming alert to the potential of each human being for godliness. The 52 cards in this deck together comprise a thoughtful guide to understanding the Buddha's important contribution to human enlightenment. Each card contain a sutra, a commentary by Osho, and a beautiful image of a Buddha statue. Readers can first enjoy the words as poetry and allow them to evoke an intuitive, emotional response; they can then read Osho's corresponding entry in the book to create meaning. A 53rd card, called Sammasati, represents the last word spoken by the Buddha and an inspiring reminder of the reader's own buddhahood. Individual sutras include Only Love Dispels Hate; Beyond Judgments; Neither Praise Nor Blame; Conquer Yourself; Beyond Sorrow; Awake Forever; and The Shining Way.

#### **Tarot in the Spirit of Zen**

One of the twentieth century's greatest spiritual teachers invites you onto the path that takes you through all of life's experiences and to embrace your own humanity. Man is a bridge, says Osho, between the animal and the divine—and our awareness of this dual aspect of our nature is what makes us human. It is also what makes us restless, full of conflict, so often at the crossroads of selfishness and generosity, of love and hate, frailty and strength, hope and despair. The Journey of Being Human: Is It Possible to Find Real Happiness in Ordinary Life? looks into how we might embrace and accept these apparent contradictions, rather than trying to choose between them, as the key to transforming each twist and turn of life's journey into a new discovery of who we are meant to be. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

#### **EMOTIONS**

## **Intuition**

One of the greatest spiritual teachers of the twentieth century shares his wisdom about building loving relationships in *Intimacy: Trusting Oneself and the Other*. “Hit-and-run” relationships have become common in our society as it has grown more rootless, less tied to traditional family structures, and more accepting of casual sex. But at the same time, there arises an undercurrent of feeling that something is missing—a quality of intimacy. This quality has very little to do with the physical, though sex is certainly one possible door. Far more important is a willingness to expose our deepest feelings and vulnerabilities, with the trust that the other person will treat them with care. Ultimately, the willingness to take the risk of intimacy has to be grounded in an inner strength that knows that even if the other remains closed, even if that trust is betrayed, we will not suffer any permanent damage. In this gentle and compassionate guide, Osho takes his readers step-by-step through what makes people afraid of intimacy, how to encounter those fears and go beyond them, and what they can do to nourish themselves and their relationships to support more openness and trust. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the “1000 Makers of the 20th Century” and by *Sunday Mid-Day* (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

## **Living on Your Own Terms**

Osho speaks in many of his talks on health as a more holistic understanding of the “BodyMindSpirit” complex. His depth of insights into what makes a healthy and whole human being plus the many meditation methods he has developed are a vital part of his overall vision and proposal to humanity. Although he never gave a series of talks specifically about health issues, he requested and titled this collection of selected material “From Medication to Meditation” which was subsequently compiled under the supervision of his personal physician. In the foreword, which is a talk by Osho given to the Medical Association in India, he paints his vision of a healthier and more whole future when he says “...every hospital will have a department of meditation. It should happen. Then we will be able to treat man as a whole. The body will be taken care of by the doctors, the mind by the psychologists, and the soul by meditation. “The day the hospitals accept man as a whole, as a totality, and then treat him as such, will be a day of rejoicing for mankind.” - Osho

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